

# CLEAR THE FOG

## FATS, OILS, GREASE

**Fats, Oils and Grease (FOG)** come from food preparation and kitchen clean-up. FOG may look like liquid when drained, but it solidifies when discharged into the sanitary sewer. This results in clogged drains, sewage backups and the discharge of raw sewage into our local waterways.

### MYTH

I can pour grease down the drain if I run hot water with it.

I can scrape kitchen waste down the drain if I use the garbage disposal.

Pouring grease down the drain with dish soap will completely dissolve the grease.

I can discard grease in my tub, shower, or toilet.

### FACT

Grease poured down the drain, even with hot water, will eventually cool and solidify in the sewer pipe.

The garbage disposal only grinds up items before discharging them to the sewer system but does not eliminate FOG.

Most dish soaps break up grease, but once cooled, the grease will still solidify in the sewer system.

FOG poured in a bathtub, shower, or toilet will end up in the same sewer system that the sink drains to and may cause damage.

## WHAT SHOULD I DO?

- Wipe loose food and grease from dishes before washing them in the sink.
- Scrape food scraps into a garbage can or compost bin.
- Pour all grease and cooking oil into a covered container and dispose of it in the garbage.
- Clean grease with absorbent materials, like paper towels, and then throw the material in the garbage.

